

# GLUTEN FREE MENU

## ANTIPASTI

### Caprese Italiana!

Vine ripened tomato, imported D.O.P. certified bufala mozzarella, shaved fennel, balsamic, lemon oil, basil, arugula 14

### Ciao Portabello

Marinated & grilled, zip sauce 11  
add beef tips 10

### Colossal Shrimp Cocktail

3 poached shrimp, chilled, cocktail sauce 15  
additional shrimp 4ea

### Sausage e Peppers

Housemade Italian sausage, grilled potatoes, Hungarian hot peppers, demi-glace 13

## INSALATA

### Grilled Salmon Salad

Farmers greens, cucumber, radish, tomato, avocado, capers, basil, shaved fennel, balsamic dressing 20

### Mama's Chopped Salad

Romaine, kale, tomato, chicken, soppressata, bacon, avocado, cucumber, banana peppers, gorgonzola, egg and Italian emulsion 18

### Seasonal Kale Salad

Marcona almonds, ricotta salata, dried fruits, seasonal garnishes, carrots, red onion, raspberry vinaigrette 16

## SECONDI

### Chicken Marsala

Wild mushrooms, marsala reduction  
veal glaze, herbs 21

### Chicken Piccata

Capers, lemon juice, white wine,  
brodo, parsley 21

### Seasonal Risotto

Vegetable brodo, fresh vegetables,  
herbs, white wine,  
Parmigiano-Reggiano 20

### Brick Chicken Thighs

Boneless thighs, pan roasted,  
potatoes, peppers, mushrooms,  
artichokes, tomato vinaigrette,  
arugula slaw 26

### Pasta Andiamo

Gluten Free pasta noodle with  
choice of homemade sauce:  
Bolognese, Pomodoro, Garlic &  
Olive Oil, Tomato Basil 16

### Veal Marsala

Wild mushrooms, marsala reduction,  
veal glaze, herbs 26

### Veal Piccata

Capers, lemon juice, white wine,  
brodo, parsley 26

### Veal all' Aldo

Prosciutto, fontina, tomato fillet,  
herbed wine sauce 27

### 8oz Char-broiled Filet

Italian style potatoes, seasonal  
vegetables, signature zip sauce 39

### Cedar Plank Salmon

Char-broiled, seasonal  
vegetable array, tomato coulis,  
citrus gremolata 30

### Branzino

Olive oil sear, risotto alla  
Milanese, root vegetables,  
pepperoncini-caper relish 32

### Sea Scallops

Pan seared, brown butter  
sauce, seasonal vegetables, kale 35

### Pasta Verdura

Gluten Free noodles, seasonal  
vegetables, kale, olive oil and garlic,  
parmesan cheese 21

*Our Gluten Free dishes are prepared in a kitchen that handles Gluten. Therefore, some dishes may contain trace amounts of Gluten. We do not recommend that those with Celiac Disease order from this menu. If you are Gluten-Sensitive, we ask that you use your best judgment when ordering.*

# PLANT BASED NUTRITION MENU

*Our plant based items are not Gluten Free*

## FIRST COURSE

### Tomato Cucumber Salad

English cucumbers, vine ripened tomatoes, garbanzo beans, balsamic vinegar 3

## MAIN ENTRÉE CHOICES

### Whole Wheat Pasta Primavera

Imported penne pasta, seasonal steamed vegetables, roasted vegetable broth, fresh chopped herbs 18

### Potato Gnocchi

Fresh tomatoes, fire roasted corn array, kale, sweet peas 19

### Seasonal Italian Grains

Simmered in rich broth with spinach, leeks, asparagus and garbanzo beans in vegetable stock 18

*These items are all prepared fresh and from scratch in-house and are free from all oils and animal products.*